

FHS NEWS

MAY 2022

SPRING CONCERT

e were delighted to welcome parents, students and their families to our Spring Concert at the end of March. This was our first concert for two years and we are incredibly proud of all of the students involved.

Students worked extremely hard, meeting every single week either at lunch time or after school. Hours and hours of individual practice and ensemble rehearsals have been undertaken by each and every one of the students who performed.

We would like to thank our peripatetic teachers for the outstanding contribution they made providing online music lessons throughout lockdown and Mr Smart for organising the provision of





instruments so that the students could carry on learning at home. Many thanks to the Senior Leadership Team and the School Governors for their continued support of music and the performing arts in the school.

Do visit our YouTube channel to see some of the performances.



RED NOSE DAY

eatherstone's annual Comic Relief Fundraiser 2022 was stretched over a whole week this year and brought many laughs, performances and of course money raised for an amazing cause!

Comic Relief Week ran from 14th - 17th March and hosted a plethora of events such as Inter-year sports fixtures, design your own red nose workshop, FHS talent show, scrumptious bake sale and even a tug of war between students and Mr Wadwa!



We would like to say a huge thank you to everyone who supported, donated and took part in the Comic Relief 2022 fundraiser. In total we have managed to raise a fantastic £693.10 towards an amazing cause.





STEM

ur Sixth Form Students took part in a STEM workshop run by Hyette Education, learning to code the flight patterns of drones using block programming or Swift coding language (used to develop apps on iPhones and iPads).

They provided algorithmic instructions to their drone to make it take off, land, do flips and somersaults, as well as navigate different altitudes and distances to make its way safely around a course. A fascinating practical learning experience.



HEADTEACHER'S MESSAGE

do hope
everyone
had a
relaxing Easter
break and
enjoyed the
pleasant weather.



We have a busy Summer term ahead of us dominated by the reappearance of GCSE, BTEC and A level examinations for Year 11 and 13 with internal summer exams planned for most other year groups. We had excellent attendance at the Easter holiday revision classes and I have no doubt that our students will rise to the challenge ahead of them. We fully recognise that this time of year can be very demanding for

both the students and their families and I would like to reassure you that we are here to work with you to ensure we support your son/ daughter through this examination season. We are very fortunate to have excellent pastoral teams, there to provide front line support for all our students. If you have any concerns do contact your son or daughter's Form Tutor in the first instance. I would also recommend taking the time to read the content of the following webpage, run by the NHS, regarding coping with exam-related stress:

www.nhs.uk/mental-health/ children-and-young-adults/ advice-for-parents/help-yourchild-beat-exam-stress/ You will know from previous communications that I was due to leave at the end of the summer term. However, we have not yet appointed a new Headteacher and therefore I have agreed to stay on for the autumn term to allow the recruitment process more time to make a successful appointment. We will keep you updated on this process.

To all our families celebrating Eid on behalf of all the staff, Eid Mubarak!



Mr Wadwa, Headteacher

THESE STUDY METHODS WILL HELP!

STUDENT ARTICLE By Ajuni Virdee in Year 9

hether you have recently started high school in year 7 or are about to complete it in year 11, striving towards academic success is a want. As exam season approaches, many students may find themselves overly stressed or struggling to find a study method that awards you satisfactory grades.

There is a four letter word that places fear into most students; EXAM! Trying to find the best way to approach these is difficult without guidance.

So, from an interview with a year 11 student herself, here are some answers:

What is the best way to revise the sciences?

Exam style questions allow you to apply your knowledge and understand what your examiners are looking for as you mark it.

Often for Science, the exam questions are repeated throughout the year so you could get lucky.

How do you revise English and practise for essays?

For English Literature, planning essays is most effective as well as physically writing your essays. To revise quotes, it was recommended to make flashcards on the quotes and their meanings. As for English language, practice questions are advised.

How did you develop your study methods?

It was a matter of trial and error. Since old methods didn't mean getting the maximum grades achievable, changing the method was necessary.

How long did it take for you to develop your most efficient method for studying?

In this case it took roughly a year. With minimal studying in year 9, revising properly for topic tests in year 10 and fully revising at the beginning of year 11 and all throughout



so far, it allowed her to relax when necessary and be able to achieve high grades for her GCSE.

How do you organise your schedule and find time to revise?

Revising early so you don't cram is at the top of this list and revising in small, effective chunks instead of long, tedious hours. And never dedicating a full day to revision allows you to have time to relax as well as work for your grades.

Remember, balance is key and with the help of these methods, you should find it much easier.







WORLD CLASS SCHOOLS

n Thursday 17th March, 6 students travelled to Rugby in the Midlands to take part in an exciting project day as part of our World Class Schools reaccreditation.

The students had been given details of the project just two weeks earlier, and they had to liaise remotely with Waldegrave School to design items to decorate the campus of the brand new school we were visiting, Houlton School. The school had 6 colleges named after important people in the world of communications, and the college we were designing for was Morse College, after Samuel Morse. The students had to design tree hangings, a sign and a sculpture, which they then had to make on the day, watched over



World Class

by student assessors. It was a high pressure project but they completed their tasks and had a brilliant day full of challenge, fun and team work. We find out shortly after Easter whether the students were successful in that element of the reaccreditation, and we find out in June, once their portfolios

have been submitted, whether we have been successful overall. Many thanks to Mr Smart for driving us there, and to Nimco Osman, Emma Holland, Nabila Yusuf, Joel Watson, Rehaan Khan and Gaurav Dadi for their efforts on the whole project.

INSPIRE SUMMER SCHOOL

nspire Summer School is taking place and the following Year 11 students from Featherstone have been selected to participate: Faisal Sayeed and Sharanjit Kaur. These pupils will be visiting St Johns College to take part in activities. This is a great opportunity for them to see the campus and interact with current students who are studying there.

As this year's programme comes to an end, we are excited to be able to continue it next year with a new cohort of pupils. They will experience a range of activities and trips designed to help them make decisions for further education.



WORLD CLASS SCHOOLS ECO TEAM

team of Year 10s have raised awareness



of climate and environment matters through planning and delivering an assembly and reflections. With such an important issue, which will affect young people deeply, it is really important for the younger generation to lead towards a safe and prosperous future. The team have shown excellent transferable skills, research, teamwork and drive. Click here to see their Power Point presentation.

GCSE EXAM DAY

n Friday 11th March, the Year 11 Drama GCSE cohort took part in our first live practical exam in front of an examiner for two years.

The students this year had to perform a monologue, duologue or group piece from a text of their choice. We had a wide range of pieces from the 'kitchensink' drama 'Top Girls', to the more abstract 'Girls Like That', exploring the effects of social media on young people. The students had worked really hard to get their work ready and did us very proud on the day, well done!

WORLD MATHS DAY

e celebrated World Maths Day at FHS by playing online maths games with students around the world: Nigeria, Romania, Pakistan and China (we won most of the games!).

We also had offline activities including a Chinese geometric puzzle (a tangram).





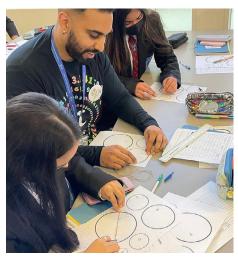
PI DAY 2022



n Monday 14th March we commemorated an irrationally interesting number: Pi!

Thank you to our Maths Department for celebrating with students and a special mention to the Library and Food Technology Department for making the day even more fun with themed activities and biscuits to share! Pi Day: be irrational!





YOUNG ENTERPRISE

ear 12 YE students have been working incredibly hard on their business idea "Teazy Tea" where they have branded 8 different flavours of tea highlighting the benefits of the nation's favourite drink!

The students were finalists at the West London Event this week. We want to thank them for all their hardwork, resilience and determination. An amazing group who have done our school proud.





LAB IN A LORRY



n Thursday 10th March Kingston University brought interactive science to our playground!

The 'Lab in a Lorry' (two mobile laboratories) delivered fun, handson STEM taster sessions to Year 9 students.





FOOD MASTERCLASS

e recently held a Food Masterclass in the Food Technology Department.

Year 9s worked hard to produce innovative sauce recipes for Belazu Foods to taste! Working with a wide range of ingredients, students whizzed up new creations for their

peers, organisers & Headteacher Mr Wadwa to sample!

Students will be presenting this sauce to a Tasting

Panel at Belazu Foods at the end of April. We hope they like it!





PE CLUBS THIS TERM

his year it has been great to have so many pupils at our Extra-Curricular clubs.

The pupils have really enjoyed the clubs and represented the school in a brilliant manner. They have shown great enthusiasm, respect and resilience. We look forward to the Summer term, with a new timetable. The link is below:

	WEEK A LS1 (12pm start)	WEEK B LS1 (12pm start)	AFTER SCHOOL Year 7-10 Rounders out- Som AMRIONOST Year 7 Rounders out- 243 -3,30cm Athelics 2001-3-01 -4,0cm Radientina out- 24, aut- 90e Year 7-10 GHz Cricket 2014AR -3,41 -3,0m Boys Basketball one- 215 -3,40m received	
MONDAY	Dance (AMR) Cricket (main studio 557)	Dance (AMI) Dadgeball (IHI)		
	Dodgeball (net) Basketball parq	Basketball (visio)		
WEDNESDAY	Baskefball (190ms hall 567) Baskefball (193)	Basketball (sports hall 55/1)		
	Table Tennis (31) Badminlon (2017)	Sodminton (NCY)	Year 7 Boys Cricket (JDB - 3.45 - 5pm) Year 8 Boys Cricket (JDB - 3.45 - 5pm) Cricket Nebs (ps. 4-5.15pm) Table Temis (md. 4.15-5.15 Week 8 cm)/ Year 8 Ciris Football (surr - 215 - 3.45pm)	
RIDAY	Cricket (main shudio \$59)	Cricket (Sports Hall SSP) Badminton (SI)		

	WEEK A LS2 (12-90pm stort)	WEEK B LS2 (12.50pm shart)	WEEK A AFTER SCHOOL (3.45/4 - 4.45/5pm)	WEEK B AFTER SCHOOL (3.45/4 - 4.45/5pm)
	Baskefball (587)	Badminton (CRESWY) Basketball (SST)	Rounders (\$27,000,000 N.Y - 3,05-Sprin) Year 10 Cricket (\$6 - 3,05-Sprin) Year 9 Cricket (\$16 - 3,05-Sprin)	Rounders (Stranke NET - 3.45 Spm) Year 10 Cricket (85 - 3.45 Spm) Year 9 Cricket (86 - 3.45 Spm)
			Badminton (CTR - 3.45-Sprr) Girls Cricket (ST/ANR - 3.45-Sprr)	Badminton (DRR-3.45 Sprey Yr 7-10 Girls Cricket (ST/AWR-3 Sprey
WEDNESDAY	Badminton (DIR(SVP) Dodgeball (SSP - main studio)	Basketball (108) Dodgeball (150) main studio)	Boys Basketball (NE-2.15.3.45pm)	
			Yr 7-13 Cricket Nets (85 - 4.15 - 5.35pm)	Table Tennis (NE - 4.15-5.15pm) Yr 7-13 Cricket Nets (85 - 4.15 -
FRIDAY	Cricket (SSP - Sports Hall)		Y10-13 Basketball	Y10-13 Basketball

www.featherstonehigh.ealing.sch.uk/wp-content/uploads/2022/04/PE-Clubs-summer-2022.pdf

YEAR 8 TASTER SESSIONS

t the start of March, all year 8
PE classes took part in GCSE taster lessons.

Pupils took part in a range of activities to gain an insight into what they may be learning in Key Stage 4. The activities included workshops on anatomy and physiology, skill acquisition, components of fitness, basketball skills circuit, football skills circuit and GCSE dance. It was fantastic to see so many pupils engaged in the workshops and taking an interest in what they could be learning next year.













EASTER EGG HUNT

Easter egg was created?

Well, our Year 7s and Year
8s do! Students participated in a PE
Easter Egg hunt during their Outdoor
Adventure Activities rotation. The egg

hunt saw students solving a riddle

o you know when the first

to explore the site to find all 20 eggs scattered around the school. Team work, challenge, communication and orienteering were many of the attributes developed by the groups during this PE lesson and it was thoroughly enjoyable to watch all students take part.

A massive well done to Year 7 and Year 8 students who took part in the Easter hunt, which we hope to bring back next year!





CAPTAINS' CORNER

Τ

he Sports Captains have completed some write ups, to let you know how they are getting on this season. We are very happy to have so many pupils attending our Extra Curricular Clubs and welcome all students to join them.

YEAR 7 NETBALL

Hello, my name is Rishika, and I am the netball team's Sports Captain. At Featherstone High School the girls' netball team is made up of skilled individuals who are also determined and play with passion. We have excellent attacking and defending skills, attempting to retain the ball in our preferred areas toward the goal. My team and I are highly resilient and never give up! We have shown this through lots of training, and playing matches. We have played two matches this year and we have won both, beating William Perkin 6-3 and Villiers 13-0. We are learning each game and looking forward to matches against Greenford, Dormers, Northolt and our tournament.

Y8 FOOTBALL

Students are enjoying doing the sports they love. Last year in Year 7 there were no football fixtures, but luckily now, as the pandemic has settled a bit, our year girls and boys football team have been able to play other schools. Unfortunately the scores have not been what the teams have wanted them to be, but everyone has tried their best, It's all about the experience and there is always room for improvement. We look forward to more matches and improving our results

INDOOR ATHLETICS COMPETITION LEADERSHIP

Hi, this is Savleen. At FHS recently there was a great opportunity for 12 hardworking great leaders to take part in helping host a primary and secondary athletics finale. These pupils got the chance to go to Harrow Leisure Centre to help out. They were recording the results onto the computers, recording the race times, checking how far the other students jumped and much more. This was a great opportunity as the FHS students got the chance to step up and be great leaders and improve their leadership qualities and not only that but get great experience.

YEAR 8 NETBALL

So far the year 8s have had some tricky games with some very stong opposition. We have showed lots of resilience and partnership through our games and we look forward to upcoming fixtures with Greenford, Cardinal Wiseman and Northolt.

YEAR 9 NETBALL

Hi, I'm Savleen. Recently the girls' netball team participated in a netball tournament held at Greenford High School which was a great experience. We got some great practice in how intense the matches we will play will be. This improved the team's dynamics as we learnt strategies that work for us and what we need to do to win, making us stronger as a team. We were judged very intensely which meant we had to be extremely careful of how long we take to pass, our footwork and overall just be more mindful. After the tournament the girls team had a match against William Perkin (it was a home game). We knew exactly what we had to do to win the match and with great determination we won (9-4). Some of the FHS values that were used were partnership and resilience.

YIO NETBALL

Hi my name is Navdeep, this year has been crazy! We've been through a lot as a team, played guite a few matches and have proudly won most. As the captain I'm proud to say my team have come a long way and improved incredibly from where we started. We had a tough tournament, and faced playing competitive matches for the first time in two years. We then then faced playing our league matches. We had a tough match against William Perkin and lost 11-6 but we showed lots of resilience and gave our best. More recently we played against Greenford and won 9-2! We look forward to our next matches against Dormers, Cardinal Wiseman and Brentside.

YEAR 7 BOYS FOOTBALL

Hi my name is Husnain, I am the captain of the year 7 Football team. We have played a few matches and we are really enjoying training and competing. I think we have improved from our first match. I think this because in our first match we were not used to playing with each other and most midfielders didn't come back after we lost the possession of the ball. The score of the match was 5-1 to us. On the other hand the last match we played was much better because we had improved a lot in training and we knew how each player played. We could've played even better if we had taken more shots, but overall it was a very good game. The second game we played was a lot better because we were showing up to training and we were learning more and more things. The scores of the match were 2-0 to us. The third game was not as good. We hardly took any shots and when we had possession on the ball they took it straight back. The scores of the game were 3-0 to them. We look forward to the next match!

Y9 FOOTBALL

The Year 9 Football Team have now concluded their matches for this season. The team started off with a bang, with a thrilling 5-0 victory against Villiers High School with exceptional performances from the whole team. After this victory there have been mixed performances, however, the team still managed to finish the season with their heads held high! Amazing performances that must be mentioned have been from Yuvraj Mann, Rickell McQueen and Soner Mataj. A huge well done to all the boys involved.

YI0 FOOTBALL

The team have made a promising start and hope to build on the draw against Greenford as they embark on a run of 3 consecutive games in three weeks!

CHARITY EYE GLASS COLLECTION

We are collecting used & unwanted, good condition prescription eye glasses for charity. The collection box is located in the school reception.

NETBALL ROUND UP

YEAR 7

Year 7s finished off a strong season with a comfortable victory over Cardinal Wiseman 8-0 and Northolt 8-0. As a team they have really shown they are committed to improving all season. They are always at training, and have done really well to learn the rules and tactics to be able to compete in the league. When they are competing they always show they want to win, and love to compete for the ball. Even with a narrow loss to Greenford, they still have the ability to win the league. We are still waiting for the results and I am looking forward to working with the team in Year 8.

YEAR 10

Since the last Newsletter we have played Brentside at home, a match that started with both teams competing for the ball at a very high level. The scores were tied for the majority of the game, in the third quarter we were winning 9-8. No mistakes were being made, which meant FHS had to find another level to play. The Captain Navdeep and her Vice Captain Jagjot did just that, they made sure from each centre pass, we got a goal. The rest of the team made sure the defence was very solid, Brentside couldn't get through, balls were won back and we managed to win the 4th Quarter 15-10. It was one of the best matches I have seen at FHS and really reflected all our Values, Challenge, Resilience, Partnership, Care, Respect and Inclusion. Overall the Year 10s (pictured below) have had a great season! Well done!

YEAR 8

The team has worked hard throughout this season having had some close games. The most thrilling performance was against Cardinal Wiseman where Zuzanna scored the winning goal with 5 seconds remaining. The girls then played Northolt, then managed to capture the form from their previous game and won their first three quarters, bringing the score to 4-1. They held on after a a great recovery from Northolt to draw 4-4. In the borough tournament the girls secured 3rd in their pool which sadly meant they didn't progress to the next round. The girls have shown dedication to improving themselves. Well done.

YEAR 9

The Year 9 squad have had a successful season. With large numbers attending the Monday training sessions we have had lots of opportunity to practice, with the odd game against the Year 10s thrown in for good measure. The season started with the Borough tournament in which they did themselves proud. They played with resilience and tenacity and came 4th in their league. We then carried on this excellent team spirit into the very next day where we played (and won) our fixture against William Perkin. The rest of the season continued the positive theme and we only lost 1 game within the league. A big well done to all of the squad, not just those who were selected for the team.



BADMINTON CHAMPIONSHIPS

n Wednesday 16th March a handful of students were selected to attend the Yonex All England Badminton Championships 2022 based on their efforts and determination in extra curricular PE. The day consisted of a smooth drive down to Birmingham's Utilita Arena to watch the world's best badminton players perform in one of the most prestigious tournaments on the badminton calendar.



Students witnessed Olympic and World Champions battle to gain the title and displayed electric support to players from various

countries. Throughout the day, students had the opportunity to explore and gain a deeper understanding into the demands of elite sport and of course get a few autographs from the players!

A huge well done to all attendees - maybe we shall see you back next year!

CHANGING ROOMS

his term the changing rooms will be back in use again. Pupils will attend school in full school uniform and bring their PE kit which they will change into.

We advise pupils to bring their kit in a separate bag. Please take time to make sure all items of PE kit and School uniform are clearly labelled, so that any misplaced items can be easily returned. The PE kit for summer includes:

- Red top (plain)
- Navy blue shorts or jogging bottoms (plain)
- White ankle/trainer socks
- Trainers (not daps, Vans or converse)



LIBRARY NEWS



he Wonderful World of Words Festival 2022 has been running throughout March, with a whole month of special events and activities celebrating our love of books, words and reading.





Follow us on Instagram: @featherstonelibrary

WORLD BOOK DAY

We celebrated World Book Day with lots of reading. Year 7 students took part in the annual Read for Good event and raised over £200 for books and stories for children in hospital. Lots of staff joined in the fun by dressing up as characters from books.











AUTHOR & POET WEEK

Students had the chance to meet Steve Cole, bestselling author of over 100 books, including the Young Bond series and a space adventure written with astronaut Tim Peake. He talked about his writing and included lots of fascinating facts about spies, gadgets and space travel.

There was also a visit by poet Neal Zetter, who entertained Year 7 students with a very lively performance of his poems and then ran two workshop sessions where students could plan and create their own poems with tips and advice from Neal.

Both visitors said how enthusiastic, engaged and well behaved our students were!



Nidhi Hermes in 7PKS applied to be a Reading Champion because she wants to encourage other students to read. She says "If you don't like reading maybe you have not found your favourite author yet. Don't just give up. Like a video game you keep trying and trying and you may find your book." Watch out for more tips and reading ideas soon.



BOOK TASTING AT THE FHS READING RESTAURANT

Students enjoyed visiting the pop-up Reading Restaurant where they could select different genres from the menu and "taste" a range of books specially selected and delivered by the library waiters.





RECIPE FOR A PERFECT STORY COMPETITION

Staying with the "food" theme, students were challenged to write a recipe for the perfect story, listing ingredients such as characters, plot and adventure, and using their creativity and language skills to describe how to mix them all together. Ms Ennever agreed to be the judge, and the winner was Guneet Virdi 7GAN with her Perfect Fairy Tale Pancake Recipe. Well done to everyone who entered.

DEGREE APPRENTICESHIPS

INFORMATION FROM THE HEAD OF YEAR 13, MS MOSES

hlaam, in Year 13 applied for four apprenticeship degree training courses with four high-status companies and successfully secured three offers out of the four.

Ahlaam was proactive in preparing and applying for apprenticeship degrees. She went through a rigorous interview selection process to successfully secure Apprenticeship training places with three companies namely, Price Waterhouse Coopers (PWC), Ernst & Young (EY) and Accenture. These are very prestigious companies and well known for their competitive nature. Ahlaam competed against several graduates for these roles.



Out of these three companies, Ahlaam has decided to accept the offer with Ernst & Young.

I would like to sincerely congratulate

Ahlaam for her resilience and overcoming challenges to obtain these achievements. I have no doubt that she will excel in her training course. I wish her the very best of luck on the next stage of her journey with Ernst & Young.

Ahlaam will give the school feedback on the progress of her training, we are all very proud of you

Once again, Well done and good luck!!!

Ms Moses (Head of Year 13)



OLD VIC: TAKE THE LEAD

ixty students from Year 12 visited the London Headquarters of The Royal Bank of Canada for the finale of the 'Take the Lead' programme delivered by the Old Vic Theatre.

Working with finance professionals, students took part in a fast paced series of workshops to review CVs, have a mock job interview and create a 60 second 'elevator pitch'





EXPERIENCE OF APPLICATION PROCESS

By Ahlaam Abrar in Year 13

"At the start of Year 13, I began applying for degree apprenticeships. Some of you may be familiar with degree apprenticeships, but for others, this may be something new. The idea that I wouldn't have to take out a student loan and still get a degree was enough to pique my interest.

This is one of the numerous benefits of the program, your degree is fully funded by the company. In addition to having a degree in your chosen area, you gain years of experience in that field and to top it all you receive a salary. Many well-known and prestigious firms offer this option, so I highly recommend exploring this opportunity. I chose to apply within the technology field and although the application process was tough, due to the competitive nature and the numerous stages involved which included assessment centres. presentations, and interviews with top directors, it was definitely worth it as I have received offers from 3 top firms including PWC, Ernst & Young, and Accenture."

DIARY DATES FOR PARENTS

Half Term: Monday 30th May to Friday 3rd June 2022

On Line Learning Day and Pupil Induction Day for Year 6: Friday 24th June 2022

Curriculum Day (following Eid-al-Adha): Monday 11th July 2022

End of term: Wed 20th July 2022

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