

Date	Year 12	Year 13
18/9/23	NGRT testing	01. Drugs and their classifications
2/10/23	01. Masculinity and Men	Business Ambassadors
16/10/23	02. Knife Crime and Safety	02. Drugs - Festivals and Nitrous Oxide
6/11/23	Head Boy / Girl Hustings	03. Drugs - Cannabis Products
20/11/23	03. Dealing with anger and frustration	
4/12/23	04. Drugs Alcohol and safety	04. University Interviews
18/12/23	05. Substance Misuse	05. Drugs - The War on drugs
15/1/24	06. Drugs and their effects	06. Drugs - NPS
29/1/24	07. Health and Wellbeing	07. Drugs Education - Exploring GHB
19/2/24	Business Ambassadors	
4/3/24	08. Healthy Eating Habits	08. New Payment Methods
18/3/24	09. Eating Disorders and the Science behind them	09. Managing a Household Budget
15/4/24	10. Banks and Money	10. Borrowing Money and the Risks
29/4/24	11. What is Debt?	12. Value for money and making it
13/5/24	12. Role of Trade Unions	13. Inflation and the Value of Money
3/6/24	13. Supporting Someone with Depression	14. Mental Health Nature Vs Nurture
17/6/24	14. Stress and Performance	15. Looking after Health and Wellbeing
8/7/24	15. Supporting Someone with Anxiety	16. Physical health
22/7/24	16. Sleep Hygiene and Mental Health	17. Improving Body Image
	Sports Day	18. Stress Life Events Exercise and Sleep
		19. Stress Management