Programme of study for Year 10 Science: 2024-2025

Autumn (1 st half term)	Autumn (2 nd half term)	Spring (1 st half term)	Spring (2 nd half term)	Summer (1 st half term)	Summer (2 nd half term)
 Topics: B5 Health and Disease P8 Forces in balance C1 Atomic Structure C3 Structure and Bonding 	 Topics: C5 Energy changes B8 Photosynthesis B9 Respiration P9 Motion 	 Topics: B6 Immunity B7 Non- communicable diseases C6 Chemical Changes P10 Force and motion B10 The Nervous System 	 Topics: C9 Crude Oil and Fuels P7 Radioactivity B11 Hormonal Coordination C7 Energy Changes B15 Adaptations, interdependence, and competition 	 Topics: B16 Organising an ecosystem C8 Rates of and equilibrium 	 Topics: B17 Biodiversity and ecosystems P11 Waves Time dependent – P12 Electromagneti c spectrum
Assessment: Linear assessment focussing on Year 9 foundational content	Assessment: 1. Electricity 2. Investigating light intensity on photosynthesis practical.	Assessment: 1. Required practical assessment 2. Required practical assessment	Assessment: Year group linear assessment on topics from Autumn 1 to Spring 1	Assessment: 1. Required practical assessment 2. Required practical assessment	Assessment: 1. Required practical assessment 2. Required practical assessment

Skills (students should be able to do):

AO1: Demonstrate knowledge and understanding of: scientific ideas; scientific techniques and procedures.

AO2: Apply knowledge and understanding of: scientific ideas; scientific enquiry, techniques and procedures.

AO3: Analyse information and ideas to: interpret and evaluate; make judgments and draw conclusions; develop and improve experimental procedures

Key learning	Key learning outcomes	Key learning outcomes	Key learning outcomes	Key learning outcomes	Key learning outcomes
outcomes	(Students should	(Students should know):	(Students should know):	(Students should	(Students should
(Students should	know):	Non-communicable	Radioactivity:	know):	know):
know):	Photosynthesis:	diseases:	- Understand the concept	Organising an	Biodiversity and
Electricity in the	- Understand the	- Understand the causes	of radioactivity and the	ecosystem:	ecosystems:
home:	process of	and risk factors of non-	different types of	- Understand how	- Understand the
- Explain the	photosynthesis,	communicable diseases	radiation	ecosystems are	importance of
principles of	including the reactants	- Describe the impact of	- Describe the uses and	structured and the	biodiversity for
electric circuits,	and products involved	non-communicable	applications of	different components	ecosystem stability and
including series	- Explain the role of	diseases on individuals and	radioisotopes	within ecosystems	resilience
and parallel	chlorophyll in capturing	societies	- Explain the risks and	- Describe the	 Describe the factors
circuits.	light energy	- Explain the methods of	safety precautions	processes of energy	that threaten
- Calculate	- Describe the factors	prevention and treatment	associated with	transfer and nutrient	biodiversity
current, voltage,	that affect the rate of	for non-communicable	radioactivity	cycling in ecosystems	- Explain the methods
and resistance	photosynthesis	diseases		- Explain the concept of	used to conserve and
using Ohm's Law.			Hormonal Coordination:	succession and the	protect biodiversity
- Identify the	Respiration:	Force and motion:	- Understand the role of	changes that occur in	
components of	- Understand the	- Understand the	hormones in maintaining	ecosystems over time	Waves:
mains electricity,	process of respiration	relationship between	homeostasis		- Understand the
including live,	and the reactants and	force, mass, and	- Describe the endocrine	Rates and equilibrium:	characteristics of
neutral, and earth	products involved	acceleration	glands and their functions	- Understand the	waves, including
wires.	- Explain the difference	- Describe the different	- Explain the feedback	factors affecting	amplitude, frequency,
- Describe the	between aerobic and	types of forces, such as	mechanisms involved in	reaction rates	and wavelength
importance of	anaerobic respiration	gravitational, frictional,	hormonal regulation	- Describe how reaction	- Describe the
fuses, circuit	- Describe the	and magnetic		rates can be altered	properties of different
breakers, and	importance of	- Explain how forces can	Energy Changes:	- Explain the concept of	types of waves, such as
earthing in	respiration in releasing	change the motion of	- Understand the	dynamic equilibrium in	sound and
household	energy	objects	different forms of energy	chemical reactions	electromagnetic waves
electrical safety.			and how they can be		- Explain how waves
Calculate	Motion:	Crude oil and fuels:	converted from one form		can be reflected,
electrical power	- Understand the	- Understand the structure	to another		refracted, and
using the formula	concept of motion and	and properties of organic	- Explain the concept of		diffracted
Р	how it can be	compounds	energy efficiency		
=	measured	- Describe the process of	- Describe the factors		Electromagnetic
Ι	- Describe the factors	fractional distillation to	influencing energy		spectrum:
V	affecting motion, such	produce smaller mixtures	transfer in systems		 Understand the
P=IV and energy	as force, mass, and	of alkanes, and how this			different types of

transfer with	acceleration	can be used to create	Adaptations,	electromagnetic
Ε	- Explain the	other important products	interdependence, and	radiation and their
=	relationship between	- Explain the importance of	competition:	uses
Р	distance, time, and	organic compounds in	- Understand the concept	- Describe the
t	speed	everyday life	of adaptation and how	properties and effects
E=Pt.			organisms adapt to their	of different parts of the
- Compare	Chemical Changes:	The Nervous System:	environments	electromagnetic
power ratings	- Explain the difference	- Understand the structure	- Describe the	spectrum
of various	between physical and	and functions of the	interdependence of	- Explain the principles
household	chemical changes	nervous system, including	organisms in ecosystems	of wave-particle duality
appliances and	 Describe the factors 	neurons and synapses	- Explain the concept of	
their energy	influencing the rate of	- Describe the pathway of	competition and its role	
consumption.	chemical reactions	nerve impulses	in natural selection	
- Distinguish	- Understand the	- Explain the role of the		
between	concept of	nervous system in		
alternating	conservation of mass in	coordinating responses		
current (AC)	chemical reactions	and maintaining		
and direct		homeostasis		
current (DC)	Electrolysis:			
and describe	- Understand the			
where each is	process of electrolysis			
used in	and the role of ions			
household	- Describe the products			
settings.	of electrolysis			
- Explain why	- Explain the factors			
AC is used in	affecting the rate of			
mains	electrolysis			
electricity and				
the role of				
transformers.				
- Calculate the				
efficiency of				
electrical				
devices and				
discuss how				
efficiency				
impacts				
-		•		

energy use in			
homes.			
- Interpret			
electricity bills			
and estimate			
the cost of			
running			
different			
household			
appliances.			
Health and			
disease:			
 Understand the 			
definition and			
impact of health			
and disease on			
individuals and			
society.			
- Learn about the			
causes,			
transmission, and			
prevention of			
infectious			
diseases.			
- Explore the			
principles and			
benefits of			
vaccination.			
- Understand the			
importance of a			
balanced diet and			
the consequences			
of malnutrition.			
- Learn about the			
effects of lifestyle			
choices, such as			
smoking and			

substance abuse,					
on health.					
- Explore the					
importance of					
exercise and the					
impact of physical					
activity on health					
and well-being.					
- Understand the					
principles of first					
aid and the role of					
healthcare					
professionals in					
promoting and					
maintaining good					
health.					
Forces in balance:					
- Learn about					
different types of					
forces such as					
gravitational,					
electromagnetic,					
and nuclear					
forces.					
- Understand the					
concept of forces					
in balance,					
including					
equilibrium					
conditions and					
resultant forces.					
- Explore the					
effects of forces					
on motion, such					
as acceleration,					
deceleration, and					
	substance abuse, on health. - Explore the importance of exercise and the impact of physical activity on health and well-being. - Understand the principles of first aid and the role of healthcare professionals in promoting and maintaining good health. Forces in balance: - Learn about different types of forces such as gravitational, electromagnetic, and nuclear forces. - Understand the concept of forces in balance, including equilibrium conditions and resultant forces. - Explore the effects of forces on motion, such as acceleration, deceleration, and	substance abuse, on health. - Explore the importance of exercise and the impact of physical activity on health and well-being. - Understand the principles of first aid and the role of healthcare professionals in promoting and maintaining good health. Forces in balance: - Learn about different types of forces such as gravitational, electromagnetic, and nuclear forces. - Understand the concept of forces in balance, including equilibrium conditions and resultant forces. - Explore the effects of forces on motion, such as acceleration, deceleration, and	substance abuse, on health. - Explore the importance of exercise and the impact of physical activity on health and well-being. - Understand the principles of first aid and the role of healthcare professionals in promoting and maintaining good health. Forces in balance: - Learn about different types of forces such as gravitational, electromagnetic, and nuclear forces. - Understand the concept of forces in balance, including equilibrium conditions and resultant forces. - Explore the effects of forces on motion, such as acceleration, deceleration, and	substance abuse, on health. - Explore the importance of exercise and the impact of physical activity on health and well-being. - Understand the principles of first aid and the role of healthcare professionals in promoting and maintaining good health. Forces in balance: - Learn about different types of forces such as gravitational, electromagnetic, and nuclear forces. - Understand the concept of forces in balance, including equilibrium conditions and resultant forces. - Explore the effects of forces on motion, such as acceleration, deceleration, and	substance abuse, on health. - Explore the importance of exercise and the impact of physical activity on health and well-being. - Understand the principles of first aid and the role of health.care professionals in promoting and maintaining good health. Forces in balance: - Learn about different types of forces such as gravitational, electromagnetic, and nuclear forces. - Understand the concept of forces in balance, including equilibrium conditions and resultant forces. - Explore the effects of forces on motion, such as acceleration, deceleration, and

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changes in				
direction.				
- Learn about the				
factors affecting				
the speed and				
direction of				
moving objects.				
 Investigate the 				
relationship				
between forces,				
mass, and				
acceleration using				
Newton's laws.				
- Understand the				
principles of				
moments and				
their applications,				
including simple				
levers and				
balancing objects.				
- Explore the				
principles of				
pressure and the				
ways it can be				
applied and				
measured.				
Atomic structure:				
 Understand the 				
historical				
development of				
atomic theory and				
the contributions				
of different				
scientists.				
- Learn about the				
structure of				

atoms, including			
subatomic			
particles and the			
arrangement of			
electrons within			
energy levels and			
orbitals.			
- Understand the			
different models			
of atomic			
structure,			
including the Bohr			
model and the			
quantum			
mechanical			
model.			
- Learn about			
isotopes and their			
uses in medicine,			
industry, and			
research.			
- Explore the			
composition and			
properties of			
elements and			
compounds.			
 Understand the 			
concept of nuclear			
radiation and its			
applications and			
risks.			
 Investigate the 			
principles of			
radioactive decay			
and the concept			
of half-life.			

Structure and			
bonding:			
- Explore different			
types of chemical			
bonds, including			
ionic, covalent,			
and metallic			
bonds.			
- Understand the			
relationship			
between the			
structure and			
properties of			
substances.			
- Learn about the			
importance of			
chemical bonding			
in determining the			
physical and			
chemical			
properties of			
materials.			
 Investigate the 			
concept of			
electrostatic			
forces and their			
role in bonding.			
- Understand the			
periodic table and			
the patterns and			
trends in chemical			
properties of			
elements.			
- Explore the			
principles of			
chemical			
reactions,			

including the law			
of conservation of			
mass and			
balancing			
equations.			
 Investigate the 			
role of catalysts in			
chemical reactions			
and the factors			
affecting reaction			
rates.			

Assessments: 2 linear assessments, 8 other assessed practicals indicated above

Building understanding: Rationale / breakdown for your sequence of lessons:

his Year 10 sequence is strategically designed to build on the foundational knowledge established during Key Stage 3, ensuring a comprehensive understanding of core concepts in biology, chemistry, and physics. The rotation of two teachers facilitates a diverse teaching approach while providing continuity and coherence across disciplines.

Biology: The sequence begins with Health and Disease, introducing essential concepts related to human health, which serves as a context for subsequent topics like Immunity and Non-communicable Diseases. This progression allows students to explore both the physiological and social implications of health, fostering an understanding of the body's defenses and lifestyle factors. Following this, topics such as Photosynthesis and Respiration provide insights into energy transformations in living organisms, linking back to the importance of health and disease management. Ending with Biodiversity and Ecosystems, Adaptations, and Organising an Ecosystem ensures students grasp ecological relationships and environmental impacts, culminating in a holistic view of life sciences.

Chemistry: Chemistry topics are introduced with Atomic Structure and Structure and Bonding, which lay the groundwork for understanding material properties and chemical behavior. This is further developed through Chemical Changes and Energy Changes, emphasizing the dynamic nature of chemical reactions. Introducing Crude Oil and Fuels connects chemistry to real-world applications and environmental issues. The Rates of Reaction and Equilibrium topics provide students with an understanding of reaction kinetics and the factors influencing chemical processes, essential for higher-level chemistry understanding.

Physics: The physics curriculum commences with Forces in Balance and progresses to Motion, laying a strong foundation for understanding dynamics and kinematics. This foundational knowledge is crucial as students delve into more complex concepts like Waves and the Electromagnetic Spectrum. The arrangement allows students to apply their understanding of forces and motion to explain wave phenomena, enhancing their analytical skills. The inclusion of Radioactivity connects physics to real-world applications in medicine and energy, making the subject matter relevant and engaging.

This sequence not only provides a logical flow of content across the sciences but also emphasizes interdisciplinary connections. By aligning topics that share common themes, such as energy changes in biology and chemistry, students develop a more integrated understanding of scientific concepts. The collaborative teaching approach allows for varied instructional strategies, accommodating diverse learning styles and enhancing student engagement. Overall, this well-structured sequence promotes a deeper understanding of scientific principles, preparing students for further studies and real-world applications.

Home – Learning:

Teachers will set home learning using lesson materials. Some of these will be assessed. This will be indicated.

Reading / literacy:

Students are encouraged to prior reading on topics. In lessons students are taught how to construct answers through use of writing frames and exemplar answers where extended writing is required and command words and keywords that are relevant to the topic are consistently assessed in lessons through questioning and written question practice.

Numeracy:

- Recognise and use expressions in decimal form: Recognise and use expressions in standard form; Use ratios, fractions and percentages; Make estimates of the results of simple calculations
- Handling data: Use an appropriate number of significant figures; Find arithmetic means; Construct and interpret frequency tables and diagrams, bar charts and histograms; Make order of magnitude calculations
- Algebra: Understand and use the symbols: =, <>, >, ∝, ~ ;Change the subject of an equation; Substitute numerical values into algebraic equations using appropriate units for physical quantities
- Graphs: Translate information between graphical and numeric form; Understand that y = mx + c represents a linear relationship; Plot two variables from experimental or other data; Determine the slope and intercept of a linear graph; Draw and use the slope of a tangent to a curve as a measure of rate of change
- Geometry and trigonometry: Visualise and represent 2D and 3D forms including two dimensional representations of 3D objects; Calculate areas of triangles and rectangles, surface areas and volumes of cubes

Enrichment / opportunities to develop cultural capital (including careers, WRL and SMSC):

- Trips during science week and curriculum days
- Science week
- Science club
- STEM club