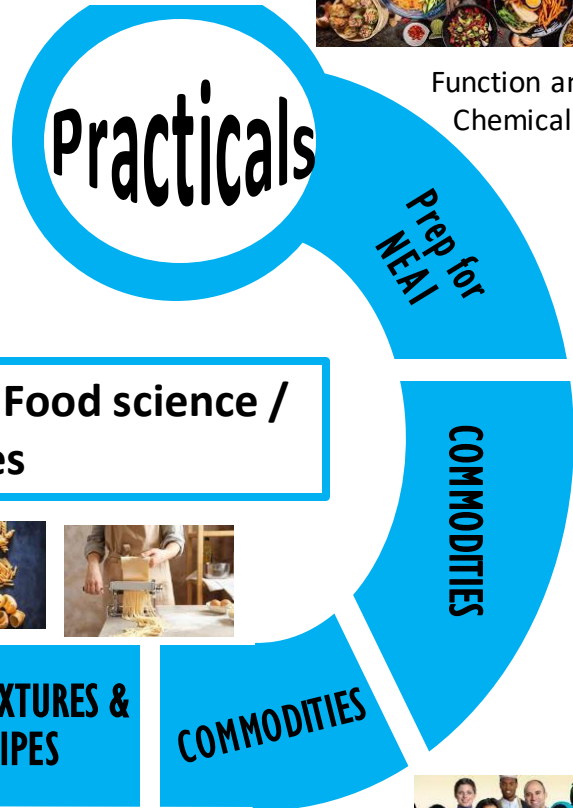


YEAR 10 FOOD PREPERATION & NUTRITION Learning Journey



Function and Chemical



**Diet & Nutrition / Food science /
Cultures & Cuisines**

**YEAR
10**

**CORE
KNOWLEDGE**

Diet & Good health
Factors affecting food
choice
Nutrition

**CORE
KNOWLEDGE**

Food spoilage
Science of food
Provenance & Food
waste

**BASIC MIXTURES &
RECIPES**

Bread
Pastry – flakey,
shortcrust, choux
Sauces
Batters

COMMODITIES

Culture
Research

