Programme of study for: Health and Social Care – Level 2 Tech Award – Year 11 (2021-2024)

(7.1.)	T	(2.11		(7.1.)	(0.11
Autumn (1st term)	Autumn (2 nd term)	Spring (1st term)	Spring (2 nd Term)	Summer (1st term)	Summer (2 nd term)
Other timescale:	Other timescale:	Other timescale:	Other timescale:	Other timescale:	Other timescale:
From: 09/23 To: 10/23	From: 11/23 To: 12/23	From: 01/24 To: 02/24	From: 03/24 To: 04/24	From: 04/24 To: 05/24	From: 06/24 To: 07/24
Topic / Big Question:	Topic / Big Question:	Topic / Big Question:	Topic / Big Question:	Topic / Big Question:	Completed the HSC
Revision (Retake)	Revision (Retake)	Component 3 – Health	Component 3 – Health	Component 3 – Health	course
Component 1 – Human	Component 1 – Human	and Wellbeing	and Wellbeing	and Wellbeing	
Lifespan and	Lifespan and	Topic:	Topics:	Topics: C:2 Obstacles to	
Development	Development	A:1 – Factors affecting	B:1 - Physiological	implementing plans	
Topic: A:1 – Human	Topic: A:1 – Human	health and wellbeing	Indicators R:2 Lifestyle indicators		
growth and	growth and		B:2 - Lifestyle indicators C:1 Health and wellbeing		
development across the	development across the		improvement plans.		
life stages	life stages		improvernem plans.		
Topic: A:2 – Factors	Topic: A:2 – Factors				
affecting growth and	affecting growth and				
development	development				
Topic: B:1 – Different types	Topic: B:1 – Different types				
of life events.	of life events.				
Topic: B:2 – Coping with	Topic: B:2 – Coping with				
change caused by life	change caused by life				
events	events				
		Skills (students should be able to do):	Skills (students should be able to do):	Skills (students should be able to do):	
Skills (students should be	Skills (students should be	Component 3 -	Component 3 – Students	Component 3 -	
able to do):	able to do):	Students should be	should be able to interpret	Students should be able	
Component 1 - Students	Component 1 - Students	able to explore how	indicators that can be	to explore the	
should be able to	should be able to	physical, social,	used to measure	obstacles that	
describe the growth	describe the growth	emotional, cultural,	physiological health,	individuals can face	
and development of	and development of	economic and	interpreting data using	when implementing	
individuals across the life	individuals across the life	environment factors	published guidance.	wellbeing improvement	
stages in each of the	stages in each of the	can affect an	Students should be able	plans and how they	
PIES categories. They	PIES categories. They	individual's health and	to interpret lifestyle data in	may be mitigated.	
should be able to	should be able to	wellbeing positively or	relation to risks posed to		
explain how relevant	explain how relevant	negatively.	physical health. This will allow students to create		
factors may have	factors may have affected the growth		wellbeing improvement		
affected the growth			plans.		
and development of an individual.	and development of an individual.		, p.s. 10.		
Students should be able	Students should be able				
to explain the impact	to explain the impact				
that the same life event	that the same life event				
had on different	had on different				
individuals.	individuals.				

Students should be able Students should be able to explain the ways in to explain the ways in which individuals which individuals adapted to the life event adapted to the life event and how they coped with and how they coped with this and compare this this and compare this with other individuals who with other individuals who Key Learning Key Learning Outcomes **Key Learning Outcomes** have experienced the have experienced the (students should know): Outcomes (students should know): same life events. same life events. (students should know): Component 3 – Students Component 3 -Component 3 should be able to define Students should be able **Key Learning Outcomes Key Learning Outcomes** health and wellbeing and Students should be to measure and (students should know): (students should know): able to explore understand the different interpret indicators of Component 1 – Students Component 1 – Students potential obstacles factors that can impact a health and wellbeing. should be able to should be able to They should be able to they may face when person's health and describe the physical. describe the physical. trying to implement a create a wellbeing wellbeing. intellectual, emotional intellectual, emotional wellbeing plan. improvement plan. and social development and social development in humans across all life in humans across all life stages. stages. Students should be able Students should be able to explain the different to explain the different physical, social, cultural physical, social, cultural and economic factors and economic factors that affect growth and that affect growth and development. development. Students should be able Students should be able to explain the impact to explain the impact that the same life event that the same life event had on their chosen had on their chosen individual and compare individual and compare this with another this with another individual who has individual who has experienced the same experienced the same life events. life events. Students should be able Students should be able to explain the ways in to explain the ways in which their chosen which their chosen individual adapted to the individual adapted to the life event and how they life event and how they coped with this and coped with this and compare this with compare this with another individual who another individual who has experienced the has experienced the

same life events.

same life events.

End of term 1 assessment Component 1 – In class PS Dec 2023 deadline for sub	A during term prior to	End of term 2 assessment Component 3 – In class nexam questions in lesson March 2024.		End of year assessment to Form C3 exam (2 hours) N	
Building understanding: Rationale / breakdown for your sequence of lessons: Following the direction of the examination board (Pearson) specifications for the sequence of content to be taught in to students to ensure broad coverage of the topic.	Building understanding: Rationale / breakdown for your sequence of lessons: Following the direction of the examination board (Pearson) specifications for the sequence of content to be taught in to students to ensure broad coverage of the topic.	Building understanding: Rationale / breakdown for your sequence of lessons: Following the direction of the examination board (Pearson) specifications for the sequence of content to be taught to students to ensure broad coverage of the topic.	Building understanding: Rationale / breakdown for your sequence of lessons: Following the direction of the examination board (Pearson) specifications for the sequence of content to be taught to students to ensure broad coverage of the topic.	Building understanding: Rationale / breakdown for your sequence of lessons: Following the direction of the examination board (Pearson) specifications for the sequence of content to be taught to students to ensure broad coverage of the topic.	Building understanding: Rationale / breakdown for your sequence of lessons: N/A
Home – Learning: Component 1 – Prepare notes for PSA C1 retake coursework assessment.	Home – Learning: Component 1 – Prepare notes for PSA C1 retake coursework assessment.	Home – Learning: Component 3 – Use online textbook and hard copy of revision guide to create revision resources following each lesson related to component 3 to ensure revision is started early.	Home – Learning: Component 3 – Use online textbook and hard copy of revision guide to create revision resources following each lesson related to component 3 to ensure revision is started early.	Home – Learning: Component 3 – Use online textbook and hard copy of revision guide to create revision resources following each lesson related to component 3 to ensure revision is started early.	Home – Learning: N/A
Reading / literacy: Component 1 - Reading is required of online textbook, internet websites and writing up information of chosen	Reading / literacy: Component 1 - Reading is required of online textbook, internet websites and writing up information of chosen	Reading / literacy: Component 3 – Reading is required of online textbook, internet websites and discussing case studies.	Reading / literacy: Component 3 – Reading is required of online textbook, internet websites and discussing case studies. Reading of	Reading / literacy: Component 3 – Reading is required of online textbook, internet websites and discussing case studies.	Reading / literacy: N/A

individual in PSA. Reading is required of online textbook, internet websites and writing up information of chosen individual in PSA. Reading is required of online textbook, internet websites and writing up interview information of chosen individual in PSA.	individual in PSA. Reading is required of online textbook, internet websites and writing up information of chosen individual in PSA. Reading is required of online textbook, internet websites and writing up interview information of chosen individual in PSA.	Reading of hard copy of revision guide and making revision resources to support own learning.	hard copy of revision guide and making revision resources to support own learning.	Reading of hard copy of revision guide and making revision resources to support own learning.	
Numeracy: Component 1 - Reviewing of centile charts to measure development in Infancy 0-2 years old. Looking at statistics related to life expectancy and incidences of older ages conditions (ie: heart disease and dementia). Looking at statistics related to expected and unexpected life events.	Numeracy: Component 1 - Reviewing of centile charts to measure development in Infancy 0-2 years old. Looking at statistics related to life expectancy and incidences of older ages conditions (ie: heart disease and dementia). Looking at statistics related to expected and unexpected life events.	Numeracy: Component 3 – Reviewing of statics related to ill health and amounts of nutrients needs to have a balanced diet.	Numeracy: Component 3 – Students will learn how to take a client's pulse, blood pressure, peak-flow and body mass index. They will have to interpret measurements and learn the normal parameters.	Numeracy: Component 3 – Students will have to think of financial restrains when planning a wellbeing improvement plan and plan for obstacles.	Numeracy: N/A

Enrichment / opportunities to develop cultural capital (including careers, WRL and SMSC):

Component 1 - Students will have to work from case studies supplied by the examination board regarding the physical, intellectual emotion and social developments of individuals.

Component 3 – SMSC woven throughout this component of study as students are asked to learn about the factors that affect health and wellbeing, while learning about physiological and lifestyle indicators. They then need to apply this knowledge to create wellbeing plans which will not only support their learning for the exam, but their own personal life and that of their family members.