Physical Education Learning Journey

Featherstone High School

Further education

13

Zumba, Boxing Health Related fitness Suite

Badminton, Table Tennis and Volleyball

Football, Netball, Basketball. Handball

Climbing

Year 12/13 options

Bench ball/Dodgeball

Trampolining

12

Rotations Health Related Fitness Rotation. Fitness Suite, Boxing, Circuits, Zumba

Striking and fielding options Cricket and Rounders

11

Sports Day

Winter clubs start. Basketball, Football Netball, Dance Badminton

National School Sports Week

Sport Science University trips

Invasion Game Rotation. Football, Netball and Basketball

YEAR 10

Athletics

Summer Striking and Fielding rotation – Rounders, Softball, Cricket

Badminton/ Table Tennis/ Volleyball Rules and Tactics

Christmas Setting

Leadership Opportunities

Winter Clubs start – Dance, Football, Netball, Basketball, Table tennis, Badminton

Fitness Suite/ Health Related Fitness

PE Setting &Standards Assembly

Winter Sports Rotation – Basketball, Football and Netball , Handball

Sports Day

National School Sports Week

Summer Clubs start

Sumer Rotations of Sports Rounders, Cricket and Athletics

YEAR 9

National School sports Week

Summer clubs start – softball, Rounders and Cricket

Summer Rotation starts Rounders, Cricket and Athletics

Sports Day

PE Setting &Standards Assembly

Winter clubs start. Basketball, Football Netball, Dance Badminton

Heath Related fitness. Fitness Suite

Winter Rotation of Invasion sports. Netball, Football, Basketball.

Christmas Setting

Leadership Opportunities with the School Sports Partnership

Pick GCSE PE as an option

GCSE PE Taster Session

Table Tennis/ Badminton

YEAR 8

Net Games– Table Tennis / Badminton

Summer Sports Rotation Start. Rounder's, Cricket, Softball, Athletics

Summer Clubs start.

Athletics – Learn technique for throwing and Running

National School Sports Week

Sports Day

PE Setting Standard Assembly

Invasion Floor – Football or Hockey

Christmas – Re-setting of groups

Represent the school in a fixture

Invasion Hand – Netball, Basketball, Handball, Tag Rugby

Winter Rotation of Invasion sports. Netball, Football, Tag Rugby, Basketball.

PE setting

Rolls and shapes skills in gymnastics

Learn about physical activity though HRF

Work on partnership and problem solving through OAA

Winter clubs start. Basketball, Football Netball, Dance Badminton

Learning standards and routines in PE

YEAR 7

HRF - Looking at Different Methods of training

Christmas House Tournaments

Net Games Rotation – Badminton/ Table Tennis

Partner Balance work in Gymnastics

Invasion Sports rotation, Netball, Basketball Football, Rugby.

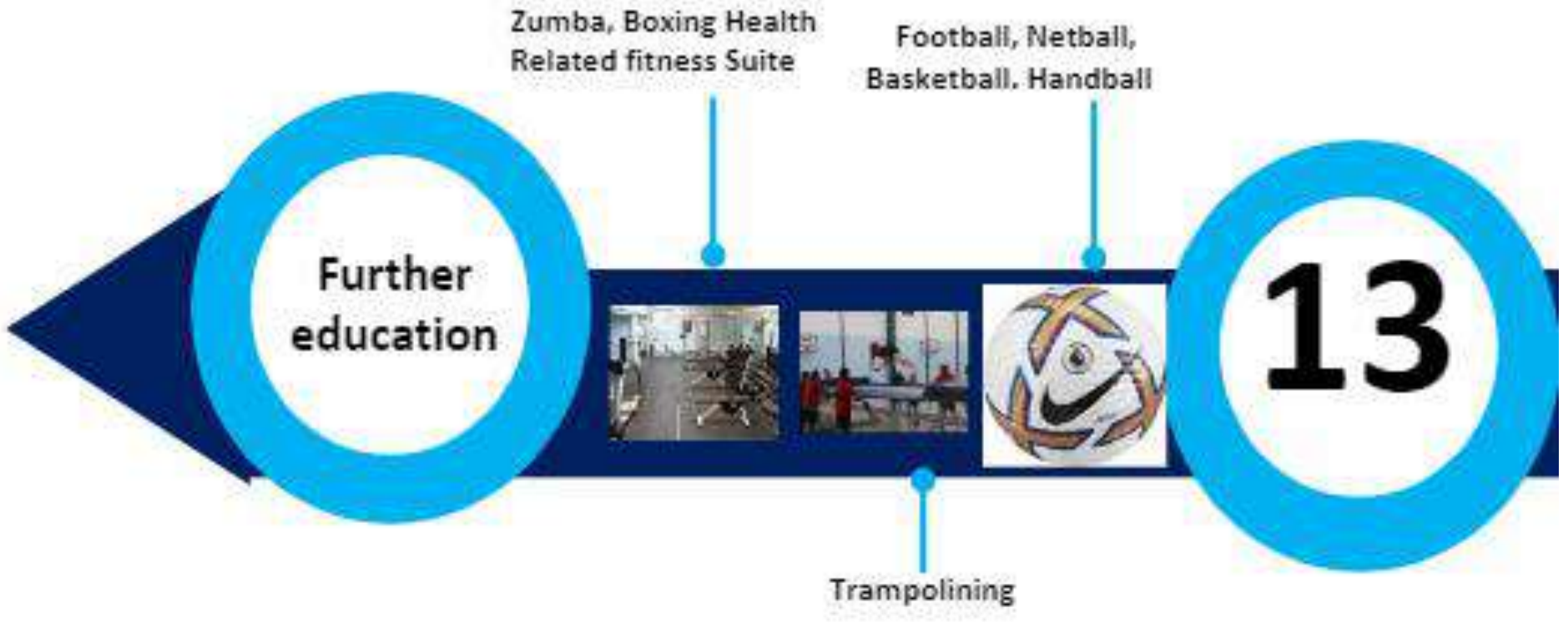
Take part in a club/ Represent the school

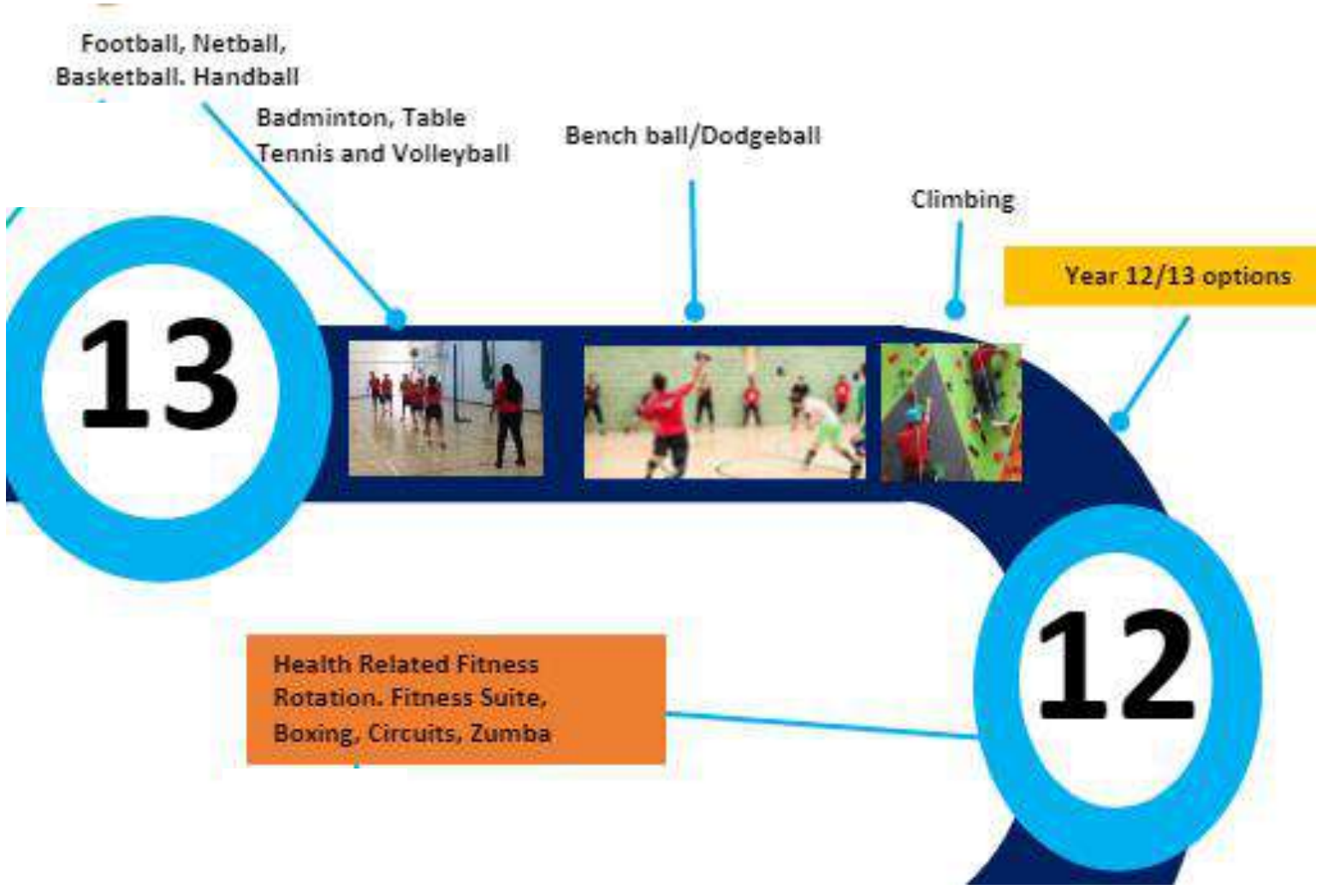
OAA – Orienteering

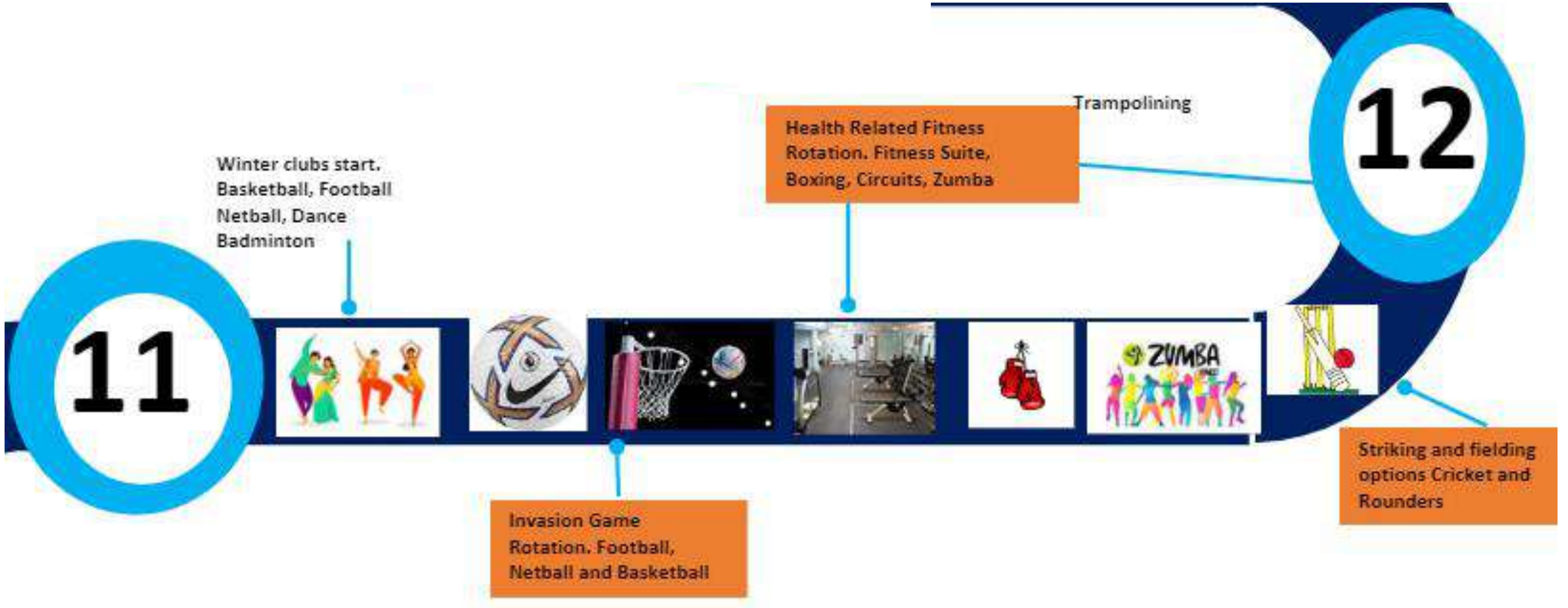
Winter Rotation of sports Football, Netball, Basketball Tag Rugby

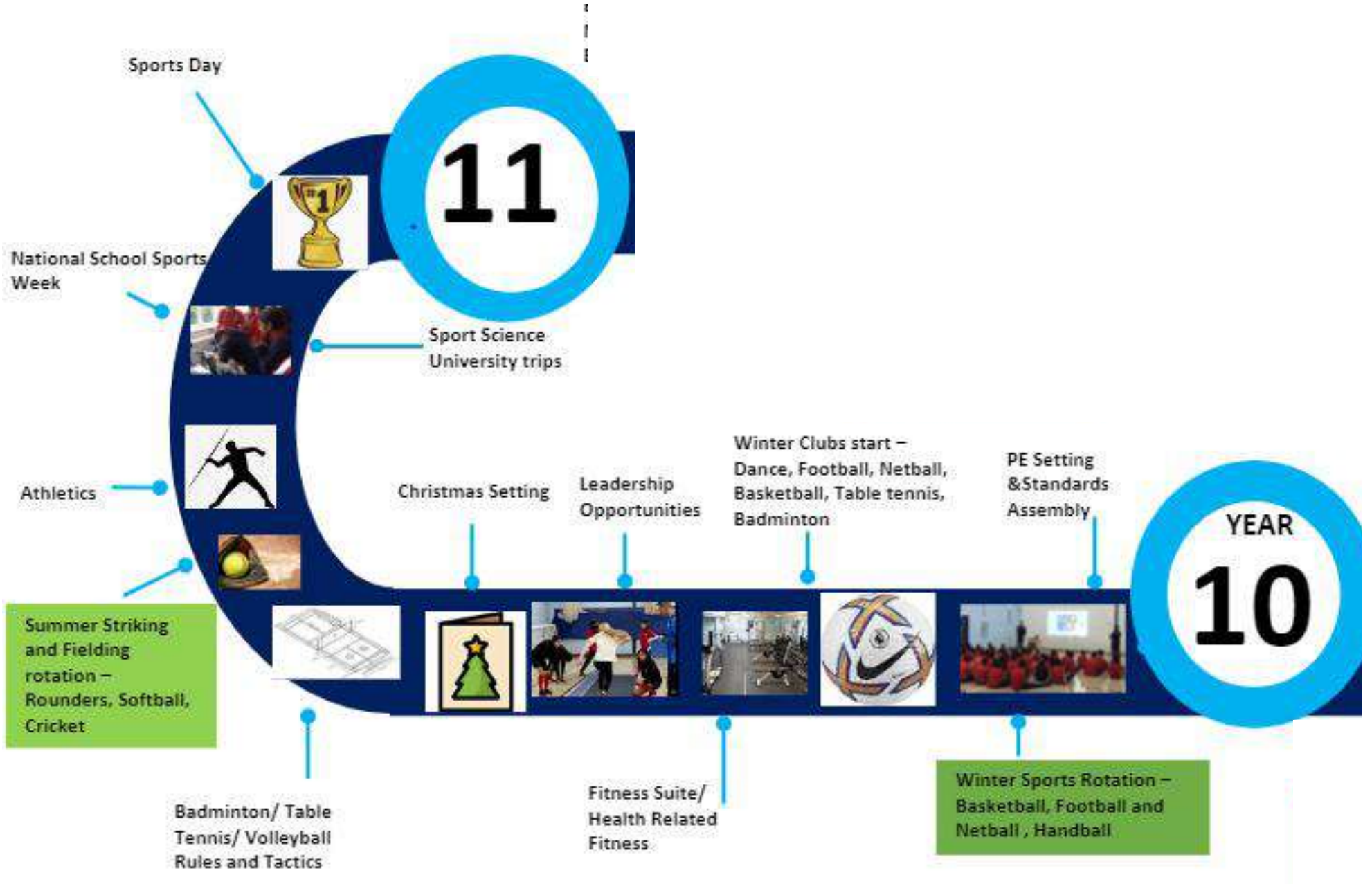
Winter Clubs start Basketball, Football Netball, Dance Badminton

'TOGETHER WE ACHIEVE' – FEATHERSTONE HIGH SCHOOL


Zumba, Boxing Health
Related fitness Suite
Football, Netball,
Basketball. Handball
Further
education
13
Trampolining

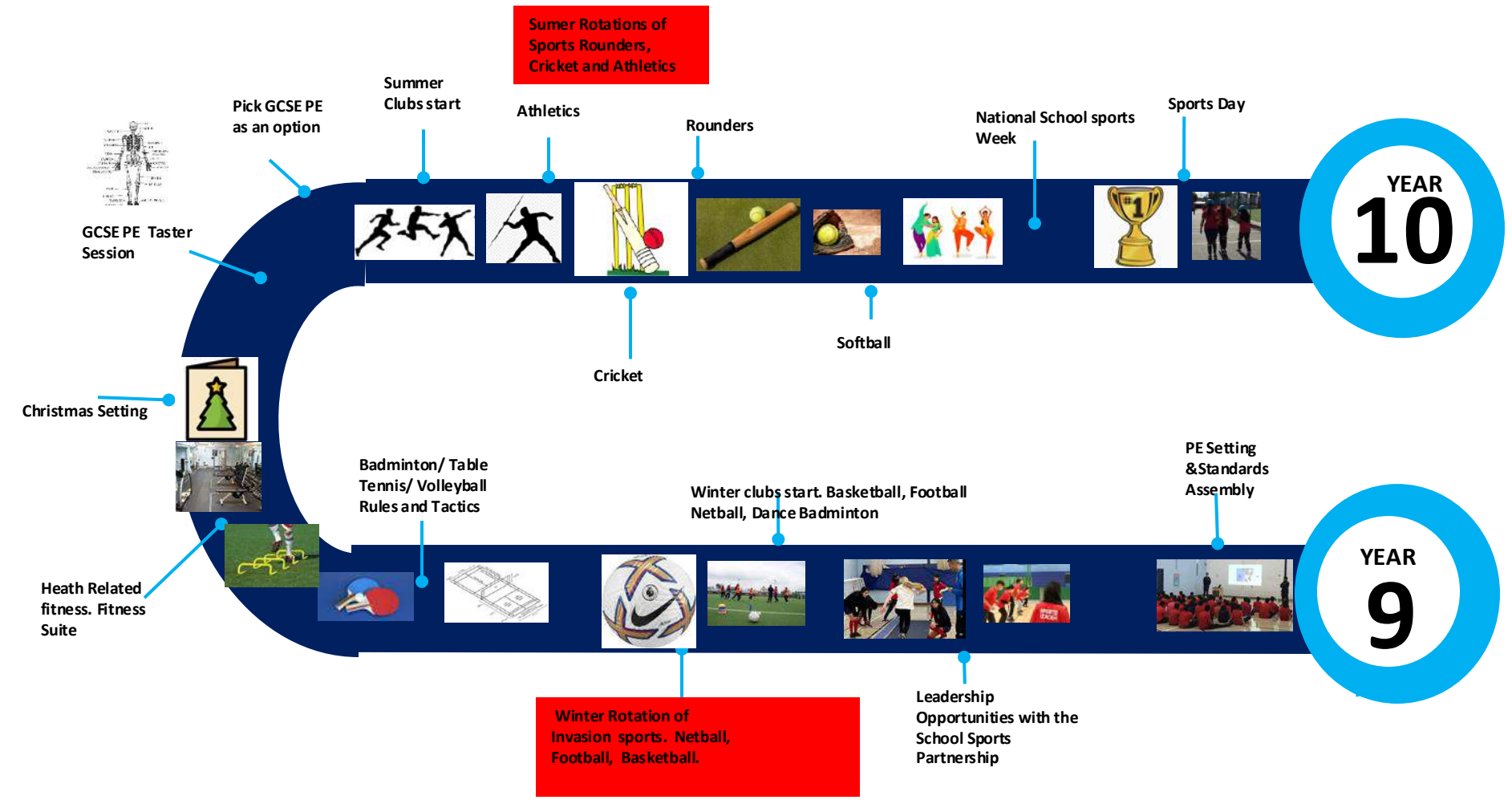

Football, Netball,
Basketball. Handball
Badminton, Table
Tennis and Volleyball
Bench ball/Dodgeball
Climbing
Year 12/13 options
13
12
Health Related Fitness
Rotation. Fitness Suite,
Boxing, Circuits, Zumba


11
Winter clubs start.
Basketball, Football
Netball, Dance
Badminton
Invasion Game
Rotation. Football,
Netball and Basketball
Health Related Fitness
Rotation. Fitness Suite,
Boxing, Circuits, Zumba
Trampolining
12
Striking and fielding
options Cricket and
Rounders


Sports Day
11
National School Sports Week
Sport Science University trips
Athletics
Summer Striking and Fielding rotation – Rounders, Softball, Cricket
Badminton/ Table Tennis/ Volleyball Rules and Tactics
Christmas Setting
Leadership Opportunities
Fitness Suite/ Health Related Fitness
Winter Clubs start – Dance, Football, Netball, Basketball, Table tennis, Badminton
PE Setting &Standards Assembly
Winter Sports Rotation – Basketball, Football and Netball , Handball
YEAR
10

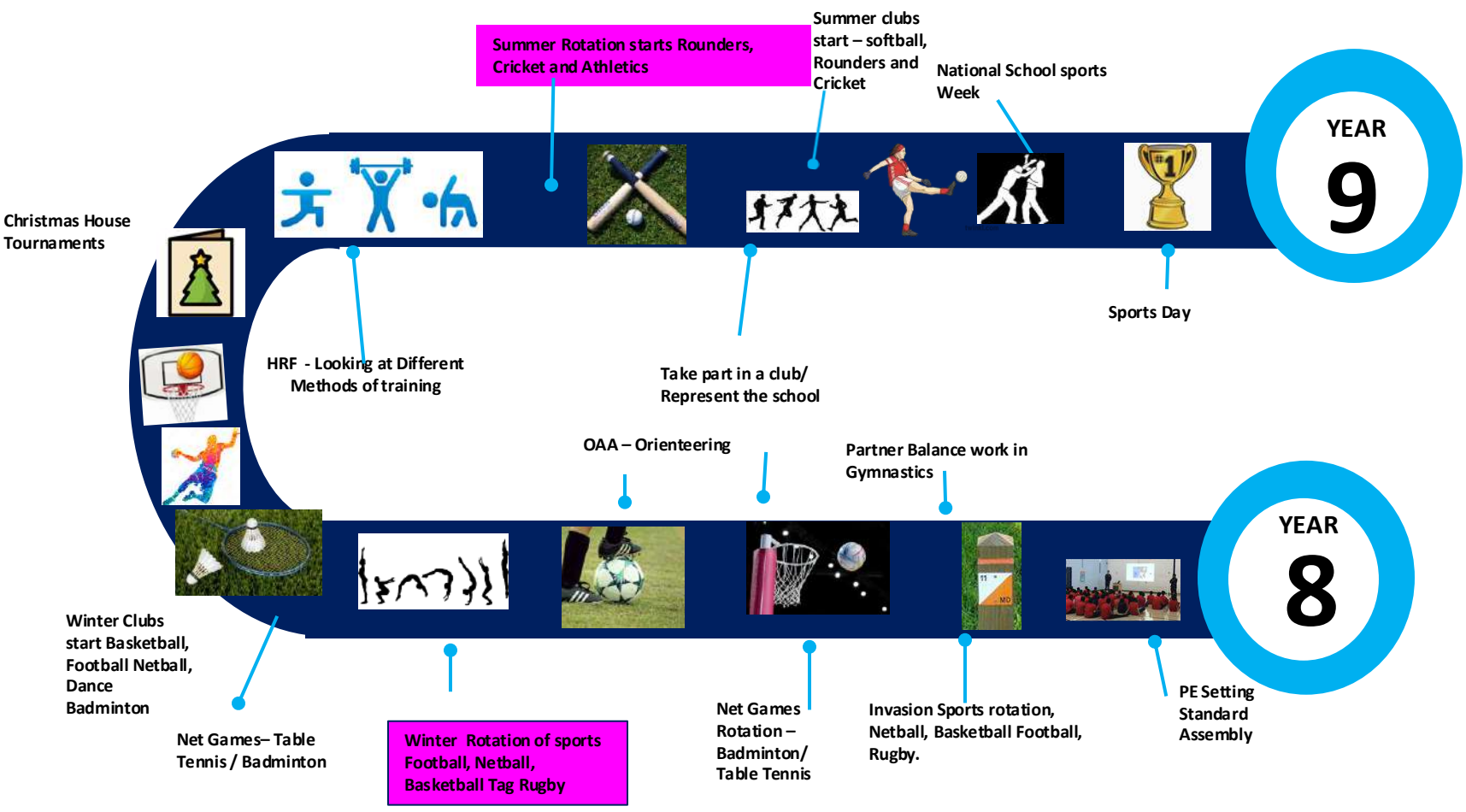
Physical Education Learning Journey

Featherstone High School



Physical Education Learning Journey

Featherstone High School



Physical Education Learning Journey

Featherstone High School