

On – Line Programme of Learning for Year 7

NB: Due to the fact that PSHE needs to be responsive to safeguarding or community contexts, topics may be shifted at short notice.

| Autumn (1 st term) | Autumn (2 nd term) | Spring (1 st term) | Spring (2 nd term) | Summer (1 st term) | Summer (2 nd term) |
|---|---|---|--|--|---|
| <p>Topic/Key Questions/ Learning Outcomes: -School community and democracy -Safe community (safe and unsafe relationships)</p> | <p>Topic/Key Questions/ Learning Outcomes: -Health, hygiene and puberty</p> | <p>Topic/Key Questions/ Learning Outcomes: -WIDER WORLD (planned to meet needs arising) -RISKS in our community e.g knife crime (and others) -Health risks e.g. vaping, caffeine alcohol.</p> | <p>Topic/Key Questions/ Learning Outcomes: Different families and relationships Internet and wellbeing.</p> | <p>Topic/Key Questions/ Learning Outcomes: -Loss, parental separation, marriage/divorce and law -General healthy living eg diet and exercise</p> | <p>Topic/Key Questions/ Learning Outcomes: -Health and emergency first aid -Your Life You Choose (emergency support)</p> |
| <p>SKILLS AND ATTRIBUTES DEVELOPED: -Self regulation/managing transition -Clear values -Maintain healthy relationships -Assess risks to self and others/keep safe -Dealing with risks in relationships/bullying</p> | <p>SKILLS AND ATTRIBUTES DEVELOPED: -Knowledge of physical changes and link to fertility -Maintaining physical and mental health -Informed choices on health/hygiene -FGM safety</p> | <p>SKILLS AND ATTRIBUTES DEVELOPED: -Managing risks to health and self -Identifying and seeking support when needed -Rights and responsibilities – being active citizens in a diverse world. -Living in the wider world: making INFORMED choices, teamwork skills</p> | <p>SKILLS AND ATTRIBUTES DEVELOPED: -Understand the role of media on lifestyle -Maintain physical, emotional and mental wellbeing -Recognising social norms and ‘thinking traps’/keeping safe. -Assessing media content critically. -Different healthy relationships</p> | <p>SKILLS AND ATTRIBUTES DEVELOPED: -Marriage and the law -Dealing with negative emotions/coping -Making informed choices to keep healthy. -Access to health and support. -Bodily health</p> | <p>SKILLS AND ATTRIBUTES DEVELOPED: -Basic first aid skills -Who can help in an emergency -Risk, the law and the legal process.</p> |
| <p>GPOP to cover: FORMATIVE – book record showing understanding of the body during puberty.</p> | | <p>GPOP to cover: FORMATIVE: - book check and GPOP of risky substances</p> | | <p>GPOP to cover: FORMATIVE: Scenario task for 1st aid</p> | |