

On – Line Programme of Learning for Year 10

Autumn (1 st term)	Autumn (2 nd term)	Spring (1 st term)	Spring (2 nd term)	Summer (1 st term)	Summer (2 nd term)
<p>Topic/Key Questions/ Learning Outcomes: Self expression & respect (anti-misogyny/homophobia and pro-self expression) Also anti stalking. Environment, health, diet – how are they linked Risks from fake news and conspiracies vs reliable sources online. Grooming Financial Scams Online falsehoods/extremism</p>	<p>Topic/Key Questions/ Learning Outcomes: Pregnancy and fertility science 2 – follow on from Y9 content. Different relationships and families 2 – include break-ups and loss. Mental health – healthier vs riskier coping mechanisms Risks around energy drinks, excessive screen time, alcohol/drugs, signs of mental health problems.</p>	<p>Topic/Key Questions/ Learning Outcomes: Ill health, cancer and other longer term conditions (also content around ableism and victim blaming, health when living with a long term condition etc). Mental & Physical health First Aid 2 Discussion lessons around types of bullying and prejudice we see in school and what to do about them.</p>	<p>Topic/Key Questions/ Learning Outcomes: Time management and study skills What is coercive control? How to recognize and avoid What mind-sets create this (pyramid of sexual violence)</p>	<p>Topic/Key Questions/ Learning Outcomes: Consent and pressure around sex: -contraception abuses (i.e deception around contraception) -pressure and ‘slut shaming’ Relationships and the law (marriage, abuse, revenge pornography) This term will also some cover ‘life changes’ such as planning pregnancy and menopause.</p>	<p>Topic/Key Questions/ Learning Outcomes: Running your ‘own home’ as a healthy, social adult – what costs are involved, and where income comes from (work, benefits). Financial wellbeing and budgeting – focus on online</p>
<p>Skills(students should be able to do): To respect equality and be a productive member of a diverse community how to assess and manage risks to health; and to keep themselves and others safe how to identify and access help, advice and support the role and influence of the media on lifestyle</p>	<p>Skills(students should be able to do): To maintain emotional health and wellbeing; and sexual health. About parenthood and the consequences of teenage pregnancy. How to recognise and manage emotions within a range of relationships. About managing loss including bereavement, separation and divorce. How to make informed choices about health and wellbeing matters</p>	<p>Skills(students should be able to do): How to assess and manage risks to health; and to keep themselves and others safe: supporting relationships through difficult times. How to identify and access help, advice and support how to respond in an emergency or longer term, and to support others. To respect equality and be a productive member of a diverse community.</p>	<p>Skills(students should be able to do): how to manage transition how to maintain physical, mental and emotional health and wellbeing; (i.e. preventing stress and poor health resulting) how to develop and maintain a variety of healthy relationships within a range of social/cultural contexts how to recognise and manage emotions within a range of relationships how to deal with risky or negative relationships</p>	<p>Skills(students should be able to do): To learn about the concept of consent in a variety of contexts (including in sexual relationships) how to develop and maintain a variety of healthy relationships within a range of social/cultural contexts and to develop parenting skills To know about relationships and the law</p>	<p>Skills(students should be able to do): how to maintain physical, mental and emotional health and wellbeing; (i.e. preventing stress and poor health resulting) How to manage money and plan effective lifestyle</p>
<p>End of term 1 assessment to cover: GPOP mental health: formative tasks to GPOP afterwards</p>		<p>End of term 2 assessment to cover: GPOP formative work on time management (also relationships depending on need)</p>		<p>End of year assessment to cover: GPOP marriage and the law – book marking with follow on GPOP activity</p>	