

On – Line Programme of Learning for Year 8

NB: Due to the fact that PSHE needs to be responsive to safeguarding or community contexts, topics may be shifted at short notice.

Autumn (1 st term)	Autumn (2 nd term)	Spring (1 st term)	Spring (2 nd term)	Summer (1 st term)	Summer (2 nd term)
Topic/Key Questions/ Learning Outcomes: ROCK of safety, risk, anti-harassment and interpersonal skills.	Topic/Key Questions/ Learning Outcomes: -“Trust me” scheme: safe online life (anti-extremism and propaganda, positive/negative online actions, safe/unsafe online relationships, online behaviour and law/employability).	Topic/Key Questions/ Learning Outcomes: Respectful Relationships - contraception, consent, relationship health. Parenting and raising a family.	Topic/Key Questions/ Learning Outcomes: Health – mental and physical Healthy choices – nutrition and energy Risks – alcohol, energy drinks, vaping	Topic/Key Questions/ Learning Outcomes: -Anti LGBTQ+ bullying -Mental health and loss (breakup/bereavement/disappointment) -Knife crime/general street safety	Topic/Key Questions/ Learning Outcomes: - General street safety – also 1st aid - Critical thinking and social media safety
SKILLS AND ATTRIBUTES DEVELOPED: -Clear values -Maintain healthy relationships -Assess risks to self and others/keep safe -Dealing with risks in relationships/bullying	SKILLS AND ATTRIBUTES DEVELOPED: -Critical thinking -Internet, phone and technology safety -Anti-grooming	SKILLS AND ATTRIBUTES DEVELOPED: - Deeper understanding of consent and the signs and behaviours in a healthy relationship. - Abstaining and safe sexual behaviours. - The specific challenges of younger pregnancy and parenting.	SKILLS AND ATTRIBUTES DEVELOPED: - informed choices about health and wellbeing matters including drugs, alcohol and tobacco - maintaining a balanced diet physical activity - mental and emotional health and wellbeing - how to assess and manage risks to health	SKILLS AND ATTRIBUTES DEVELOPED: -respect equality and be a productive member of a diverse community -managing loss including bereavement, separation and divorce -how to assess and manage risks to health; and to keep themselves and others safe	SKILLS AND ATTRIBUTES DEVELOPED: - how to assess and manage risks to health - to keep themselves and others safe - how to respond in an emergency, including administering first aid - the role and influence of the media on lifestyle
GPOP to cover: Online safety –formative marking with planned GPOP		GPOP to cover: Relationships and fertility related tasks – formative marked task with GPOP session taught afterwards.		GPOP to cover: 1 st aid and emergency situations – marked formative activity with GPOP lesson planned afterwards. Strong in-class FA focus on knife crime.	